Dear Chicago Women’s Health Center Supporter,

We FINALLY did it! We moved to our new home and at long last we are settled in. We could not have made this move without you and your tireless support of compassionate, collaborative, and comprehensive health care. You are a part of CWHC’s 40 years of history.

2013 was a year of enormous change for us. We not only moved from Wrigleyville to Uptown, but also began the transition to a Nurse Practitioner-led clinic. We are thrilled to announce that we are now providing primary care! This change enables us to respond to a crucial need we see in our clients and our community. Additionally, in order to ensure that we remain financially accessible to both those who do not have insurance and to the growing number who do, we will begin to bill insurance in June 2014.

Financial accessibility is at the heart of what we do, but it is only part of what sets us apart. CWHC provides affordable care in an atmosphere that encourages people to be active participants in their own health care and advocates for themselves both in CWHC’s clinic and with other providers. Whether in Chicago Public Schools’ classrooms or in the privacy of an exam room, CWHC health care services empower and affirm individuals of diverse backgrounds, and assist them in making positive life changes that promote their health and well-being.

We finished our year in a strong financial position, partnered with amazing community organizations to provide health education to 3,227 youth and adults, supported 153 clients through individual counseling, helped 96 clients explore and begin the process of building families, treated 121 clients through our acupuncture partnership with the Pacific College of Oriental Medicine, and empowered 2,711 individuals with gynecological care.

2013 has been a monumental year for us, and it wouldn’t have been possible without your support. As we turn to celebrating our 40th anniversary in 2015, we look back at our history to inform and guide us. Thank you for continuing to believe in us.

In Collective Spirit,

Jess Kane, Director
Our mission

CWHC’s mission is to facilitate the empowerment of women and trans* people by providing access to gynecological health services, alternative insemination, health education, counseling, and integrative health care in a respectful environment where clients pay what they can afford.

Our new home

After 32 years in Lakeview, in December 2013 we moved to our new Uptown home at 1025 W. Sunnyside!

Thank you to all of our Capital Campaign supporters who made our move possible. We truly could not have done this without you.

Because of your support, our new home is completely ADA accessible, and has significantly expanded our ability to serve our clients. We have expanded our clinical space from 6 rooms to 8, enabling us to serve additional clients in a more comfortable and welcoming environment. Furthermore, our large meeting room allows us to host in-house workshops and share our space with community groups.

We are so proud of our new home, and we thank our amazing volunteers for helping us set up shop and make this space our own. This has been a multi-year endeavor, and nothing could have been more fitting than to end it by celebrating with our supporters and community at our Open House in February. Our move is truly a celebration of our community and all that we can accomplish together.

Thank you for making our move a success!
Our clients

Client race and ethnicity across all program areas by percentage

- African American: 24%
- European American/White: 42%
- Latino/Hispanic: 24%
- Multi-racial: 4%
- Asian/Pacific Islander: 4%
- Native American: 1%
- Other: 1%

“CWHC helped me believe in humanity again”
-- Gynecology Client

Our clients represent
95% of Chicago’s zip codes

“At CWHC, I’m a person, as opposed to a name on a page. I still matter even if I can’t afford full price!”
-- Gynecology Client

Client income for clinical programs by percentage

- Less than $11,170: 24%
- $11,171-$19,090: 20%
- $19,091-$27,010: 21%
- $27,011-$34,930: 13%
- More than $34,930: 22%

• 34% of clients earn less than $15,130
• 91% of clients rank the sliding scale payment system as “important” or “very important”
• No client is ever turned away for lack of ability to pay
Gynecology Program

The Gynecology Program provides sensitive, comprehensive, and collaborative care which emphasizes health education. We offer annual gynecological exams, birth control consultations, STI testing, testing for urinary and yeast infections, and abnormal Pap smear follow-up. Clients are encouraged to be active participants throughout their exam and are empowered to engage in their own health care.

This year:
- 2,711 individuals were served, and 3,573 appointments were completed
- 100% of clients surveyed rated the time spent with their provider as “very good” or “good”

“I thank you for taking the time to truly take care of me. I feel respected, cared for, and like my knowledge and opinion about my health actually matters.”
—Gynecology Client

Counseling Program

CWHC offers individual counseling, options counseling, and crisis counseling, as well as group therapy and workshops. Our counseling services are empowering, respectful, and responsive to individual needs, and CWHC’s unique feminist-relational perspective considers the impact of various forms of oppression such as classism, racism, heterosexism, and gender oppression on clients’ well-being.

This year:
- 153 clients received individual counseling, and 10 clients received group counseling
- 83% of clients surveyed reported a positive experience with CWHC’s Counseling Program

“I feel welcomed and accepted here.”
—Counseling Client
The Outreach & Education (OE) Program believes that healthy relationships are at the heart of healthy communities. CWHC’s OE Program provides workshops, single, and multi-session classes in a variety of settings, including schools and community organizations.

This year:

• 368 OE classes engaged 3,227 youth and adults
• 83% of participants reported increased knowledge on positive health-seeking behaviors

Of the 3,227 individuals served through the OE Program:

• 63% were students served in 19 Chicago-area schools, 12 of which are part of the a network of schools serving the city’s South and West sides.
• 27% were adults served in community organizations and universities
• 6% were youth served in community organizations
• 4% were parents and youth served through in-home programming
• 2% were adults served in on-site workshops at CWHC

“Secret Questions” asked by Chicago Public Schools Students

“How do you get pregnant?”
“Do girls get sexually harassed because they are weaker?”
“What do you do if you are going out with someone and they are touching you in a way you do not like?”
Alternative Insemination Program

“There was never any question about us working with any other provider. We both had such positive experiences using various CWHC services over the years, it was the most natural choice for us.” — AI Client

In 1983, we began the first Alternative Insemination (AI) Program in the Midwest for lesbian, bisexual and queer couples, single women of any sexual orientation, and trans* people. For over 30 years, we have assisted women and trans* people on their path to pregnancy in a comfortable, respectful environment, and at a more affordable price.

This year:
• 77 clients took part in consultations, and 96 client inseminations were provided
• 100% of clients reported feeling prepared for the insemination process after their consultations

Integrative Health Program

“I feel so respected by my acupuncturist. She actually listens to my concerns about my body—she never thinks that ‘it’s in my head.’ CWHC’s acupuncture has changed the way I look at my health.” — Acupuncture Client

The Integrative Health Program offers complementary, alternative, sliding scale care for the whole person. Services include acupuncture, bodywork, and massage.

This year:
• 5 care modalities were offered through our volunteer providers
• 121 clients received acupuncture through our partnership with Pacific College of Oriental Medicine
• 100% of clients surveyed reported that their acupuncture care was “good” or “great”
Trans* Greater Access Project

As a leader within the women’s health movement, CWHC recognizes the ways that gender oppression and prejudice inhibit access to respectful health care. As society continues to evolve, we remain committed to reexamining the spectrum of such oppressions so that we may best serve our community’s present needs. As LGBTQ people and allies ourselves, we understand the difficulties that trans-identified people may face when seeking medical care. We are committed to examining and expanding our services to provide affordable and respectful health care to trans* communities. We do this through our Trans* Greater Access Project (TGAP).

Services currently offered through TGAP include:
• Acupuncture and massage therapy
• Counseling
• Gynecological care for trans men
• Masculinizing hormone services

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We are proud to announce that we will launch our pilot program for feminizing hormone services in May 2014.

This year:
• 26 individuals were served though 61 visits

Of TGAP clients surveyed:
• 90% cited financial resources as a care access barrier
• 90% would recommend CWHC for hormone therapy
• 100% know others who need access to hormone therapy
• 100% reported that their provider was knowledgeable about trans* health care and issues

“It’s been a life changing process that I wouldn’t trade for anything in the world.”
—TGAP Client
# Statement of Activities

For the fiscal years ended August 31, 2013 & 2012

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<thead>
<tr>
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<th>2013 Total</th>
<th>2012 Total</th>
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<tbody>
<tr>
<td><strong>REVENUE</strong></td>
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<tr>
<td>Fee for Service</td>
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<td>Corporate and Foundation Grants</td>
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<td>In-Kind Services</td>
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<td>Special Events</td>
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<tr>
<td>Miscellaneous</td>
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<td><strong>TOTAL OPERATING REVENUE</strong></td>
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<td><strong>$940,235</strong></td>
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<thead>
<tr>
<th></th>
<th>2013 Total</th>
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<tr>
<td><strong>EXPENSES</strong></td>
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<td>Program Services</td>
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<td>Management and General</td>
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<td>Fundraising</td>
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<td><strong>TOTAL EXPENSES</strong></td>
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**NET ASSETS OF CWHC**

| Beginning of fiscal year | $291,483 | $433,746 |
| END OF FISCAL YEAR       | $327,183 | $291,483 |

To receive a copy of our audited financial statements, please call CWHC at 773.935.6126 or visit guidestar.org.

# Sources of funding

- Fee for service: 41%
- In-Kind Services: 22%
- Special Events: 4%

- Corporate/Foundation Grants: 25%
- Individuals: 7%
- Misc.: 1%
Use of funds

Program services: 90%
Management and General: 3%
Fundraising: 7%

We gratefully recognize the support and generosity of our foundation supporters:

$35,000-$20,000
- Topfer Family Foundation
  Outreach & Education Program
- Chicago Foundation for Women
  General Operating Support
- Ravenswood Health Care Foundation
  Gynecology Program
- Polk Bros. Foundation
  Outreach & Education Program
- Crown Family Philanthropies
  General Operating Support
- Northwestern University
  General Operating Support

$19,999-$10,000
- Anonymous Foundation
  Gynecology Program
- The Boyce & Ridgeway Foundation
  General Operating Support

$9,999-$1,000
- Daniel F. and Ada L. Rice Foundation
  Gynecology Program
- DEW Foundation
  General Operating Support
- Elizabeth Morse Charitable Trust
  Outreach & Education Program
- Winnetka Congregational Church
  Gynecology Program
- Peoples Gas
  General Operating Support
- New Prospect Foundation
  General Operating Support
- The Ettinger Foundation
  General Operating Support

We sincerely thank the 226 individuals who generously supported us from 2012-2013. You are an inspiration.