DEAR FRIENDS,

I am incredibly proud to share with you the progress made by Chicago Women’s Health Center in our 2016 Fiscal Year - a year in which the health care and health education that we provide became more comprehensive than ever before.

And I’m just as proud of the continued commitment that is evident across the following pages. In the face of an uncertain health care landscape, CWHC is not only continuing to ensure access to compassionate, collaborative health care, we are continuing to improve the quality of that care. We have expanded our newly established primary care practice to further integrate mental health services and to provide a higher level of care for our trans clients.

This steadfast commitment is only possible because of you, our community of support. To all of CWHC’s supporters, donors, clients, volunteers, and partners, thank you for making our kind of care possible.

In peace and health,

Jess Kane, Director
Our mission is to facilitate the empowerment of women and trans people by providing access to health care and health education in a respectful environment where people pay what they can afford.

Program Highlights
- Clinical Services 1
- Outreach & Education 2
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- Trans Health 3
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- Integrative Health 4

What's New in FY16:
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The Clinical Services Program now offers primary care in addition to gynecology care and care for trans individuals – making our longest-standing program more comprehensive than ever.

In FY16, Clinical Services provided 2,761 appointments for 1,809 individuals.

95% of Clinical Services clients plan to return to CWHC for care.

70% report that CWHC is their primary source for health care.

100% report that their provider respected their perspective.

“This was the first time in a long time that I felt truly heard by a provider.”

– primary care client
The Outreach & Education (OE) Program provides comprehensive, age-appropriate, and medically accurate sexual health and healthy relationship education in schools and community organizations.

One school partner shared, “I think this program really got our young people thinking and challenged their thoughts and misconceptions.”

In FY16, OE taught 541 classes reaching 3,521 individuals.

79% of OE Program participants were youth, primarily in schools on Chicago’s South and West sides.

96% of participants reported increased knowledge on positive health seeking behaviors.

100% of school partners were located in federally designated medically underserved areas.
The Counseling Program offers mental health services from a feminist and person-centered perspective.

In FY16, 122 individuals received counseling services through individual or group counseling.

100% of clients report working in partnership with their counselor.

Through Clinical Services, CWHC provides hormone administration in addition to co-managing primary care issues. All of CWHC’s programs offer trans affirming services to all trans-identified individuals.

100% of trans clients said their provider was knowledgable about trans health.
The Integrative Health Program offers alternative care including acupuncture, bodywork, and massage, providing access to healing modalities that are often unavailable to lower income individuals.

The Alternative Insemination (AI) Program assists women and trans people on their path to pregnancy in a comfortable, respectful environment. One client shared, “I can honestly say I feel supported and embraced for choosing to do alternative insemination. I was really scared but when I met the staff, I felt empowered. I don’t feel alone.”

In FY16, AI provided 81 consultations and provided inseminations to 39 individuals and couples. 100% of AI clients reported having a very good experience with their provider.

In FY16, IHP provided 296 appointments for 98 clients. One client wrote, “More time is spent in listening to symptoms, listening to my concerns, and making me feel like they care and are invested in my treatment plan.”
EXPANSION OF MENTAL HEALTH & TRANS HEALTH

From the foundation of our newly established primary care practice, CWHC has built its clinical capacity to provide even more comprehensive mental health and trans health services.

“I learned more about my body in the last year here than I have in the 30 years I’ve been on this planet!”
– trans client

This expansion extends CWHC’s long-held commitment to seeing and caring for the whole person. For individuals who often experience fragmented care and real challenges to finding knowledgeable, respectful providers, our growth in capacity has meant even more integrated care from a trusted provider.
In FY16, over half of new clients said they initiated care with CWHC because someone in their life had recommended our services.

“I never feel rushed here. I feel like my health is just as important to you as it is to me.” - client
Students said the most important things they learned were:

“How to respect others for how they look and to take care of our body.” – 5th Grader

“All bodies are different. Not everyone needs to look the same or develop at the same rate.” – 7th Grader

“How to be safe when having sexual intercourse.” – 6th Grader
100% of clients said their provider respected their identity and beliefs.

“At CWHC I never feel judged or rushed. I can’t thank you enough for that.”
- primary care client

89% of clients felt able to change included:

- “Take control of my mental health,”
- “Have a plan for my transition.”
- “Feeling comfortable enough to access health care in the first place.”

97% of students reported they felt respected by their health educator.

“Thank you for helping me understand more about humans.”
- 5th Grade student

INCOME & INSURANCE

52% of clients earn less than 200% of the Federal Poverty Level ($23,760 for an individual)

38% of clients are uninsured

31% of clients with insurance are still underinsured due to high deductible plans

78% of students are from low-income households
# STATEMENT OF ACTIVITIES

For Fiscal Years ending August 31, 2016 and 2015

## SOURCES OF FUNDING

<table>
<thead>
<tr>
<th>来源</th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>基金会补助</td>
<td>277,206</td>
<td>354,174</td>
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<tr>
<td>服务收费</td>
<td>388,182</td>
<td>380,094</td>
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<tr>
<td>服务捐赠</td>
<td>196,813</td>
<td>209,478</td>
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<tr>
<td>个人捐赠</td>
<td>89,293</td>
<td>73,212</td>
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<tr>
<td>公司捐赠</td>
<td>3,571</td>
<td>26,241</td>
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<tr>
<td>特殊活动（净收入）</td>
<td>16,128</td>
<td>12,891</td>
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<tr>
<td>其他收入</td>
<td>10,724</td>
<td>7,747</td>
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<tr>
<td>收入释放-限制中</td>
<td>140,504</td>
<td>116,240</td>
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</table>

总收入：1,122,421

## EXPENSES

<table>
<thead>
<tr>
<th>项目</th>
<th>2016</th>
<th>2015</th>
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</thead>
<tbody>
<tr>
<td>程序</td>
<td>977,015</td>
<td>982,070</td>
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<tr>
<td>筹款</td>
<td>72,794</td>
<td>62,732</td>
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<tr>
<td>管理及一般支出</td>
<td>27,051</td>
<td>28,637</td>
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总支出：1,076,860

|年结不被限制资产变动 | 45,561 | 106,638 |
|限制中资产年结变动 | (50,504) | 24,264 |
| 资产-年初 | 471,888 | 340,986 |
| 资产-年结 | 466,945 | 471,888 |
# STATEMENT OF FINANCIAL POSITION

For Fiscal Years ending August 31, 2016 and 2015

## ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2016</th>
<th>2015</th>
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</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>456,887</td>
<td>477,655</td>
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<tr>
<td>Accounts receivable</td>
<td>32,254</td>
<td>25,559</td>
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<tr>
<td>Unconditional promises to give</td>
<td>1,690</td>
<td>10,539</td>
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<tr>
<td>Prepaid expenses</td>
<td>23,004</td>
<td>21,528</td>
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<tr>
<td>Total current assets</td>
<td>513,835</td>
<td>535,281</td>
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<tr>
<td>Other assets</td>
<td>6,500</td>
<td>6,500</td>
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<tr>
<td>Property and equipment</td>
<td>18,209</td>
<td>24,085</td>
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<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>538,544</strong></td>
<td><strong>565,866</strong></td>
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</table>

## LIABILITIES & NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable</td>
<td>7,751</td>
<td>12,491</td>
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<tr>
<td>Accrued expenses</td>
<td>40,888</td>
<td>55,378</td>
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<tr>
<td>Current liabilities</td>
<td>48,639</td>
<td>67,869</td>
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<td>Deferred rent liabilities</td>
<td>22,960</td>
<td>26,109</td>
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<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td><strong>71,599</strong></td>
<td><strong>93,978</strong></td>
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<tr>
<td>Unrestricted net assets</td>
<td>376,945</td>
<td>331,384</td>
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<tr>
<td>Temporarily restricted net assets</td>
<td>90,000</td>
<td>140,504</td>
</tr>
<tr>
<td><strong>TOTAL NET ASSETS</strong></td>
<td><strong>466,945</strong></td>
<td><strong>471,888</strong></td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES &amp; NET ASSETS</strong></td>
<td><strong>538,544</strong></td>
<td><strong>565,866</strong></td>
</tr>
</tbody>
</table>

## USE OF FUNDS

- **Program Services**: 90%
- **Fundraising**: 7%
- **Management & General**: 3%
SPECIAL THANKS

CWHC proudly recognizes the generosity and partnership of our foundation supporters.

$135,000 - $30,000
The Crown Family | Nurse Practitioner Program
The Crown Family | General Operations
VNA Foundation | Clinical Services Program
Polk Bros. Foundation | Outreach & Education Program
Ravenswood Health Care Foundation | Clinical Services Program

$29,999 - $10,000
The General Fund of Chicago Foundation for Women | General Operations
Anonymous Foundation | General Operations
Anonymous Foundation | Fundraising Capacity Building
The Blowitz-Ridgeway Foundation | General Operations
The Albert Pick, Jr. Fund | Outreach & Education Program

$9,999 - $1,000
BLS Family Foundation | General Operations
Washington Square Health Foundation | Clinical Services Program
Ravenswood Health Care Foundation | Counseling Program
Winnetka Congregational Church | Clinical Services Program
Colonel Stanley R. McNeil Foundation | Outreach & Education Program
Peoples Gas | General Operations
George M. Eisenberg Foundation | Outreach & Education Program

CWHC sincerely thanks our 514 individual donors, who provided $105,421 of support in FY16, and our 78 volunteers, who donated 7,200 hours of their time.